Package leaflet: Information for the user Sertraline 50mg and 100mg film-coated tablets

Read all of this leaflet carefully before you start taking this medicine because it contains important information for

- Keep this leaflet. You may need to read it again. - If you have any further questions, ask your doctor or
- pharmacist. - This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of
- illness are the same as yours. If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

- 1. What Sertraline tablets is and what it is used for 2. What you need to know before you take Sertraline tablets
- 3. How to take Sertraline tablets Possible side effects

6. Contents of the pack and other information

How to store Sertraline tablets

1. What Sertraline tablets is and what it is used for Sertraline tablets contains the active ingredient Sertraline. Sertraline belongs to a group of medicines called Selective Serotonin Re-uptake Inhibitors (SSRI). These medicines are used to treat depression and/or anxiety disorders.

Sertraline can be used to treat - Depression and prevention of recurrence of depression (in

- Post traumatic stress disorder (PTSD) (in adults).
- Social anxiety disorder (in adults).
- Panic disorder (in adults).
- Obsessive compulsive disorder (OCD) (in adults and children and adolescents aged 6-17 years old).

Depression is a clinical illness with symptoms like feeling sad,

unable to sleep properly or to enjoy life as you used to.

PTSD is a condition that can occur after a very emotionally traumatic experience, and has some symptoms that are similar to depression and anxiety. Social anxiety disorder (social phobia) is an illness linked to anxiety. It is characterised by feelings of intense anxiety or distress in social situations (for example: talking to strangers, speaking in front of groups of people, eating or drinking in front of others or worrying that you might behave in an embarrassing manner).

with symptoms like being constantly troubled by persistent ideas (obsessions) that make you carry out repetitive rituals (compulsions). Your doctor has decided that this medicine is suitable for

OCD and Panic disorders are illnesses linked to anxiety

treating your illness.

You should ask your doctor if you are unsure why you have been given Sertraline tablets.

2. What you need to know before you take Sertraline

tablets Do not take Sertraline tablets :

- if you are Allergic (hypersensitive) to sertraline or any of the other ingredients of this medicine (listed in section 6).
- if you are taking another medicine called Pimozide (a medicine for mental disorders such as psychosis).
- if you are taking or have taken medicines called monoamine oxidase inhibitors (MAOIs such as selegiline. moclobemide) or MAOI like drugs (such as linezolid). If you • Products containing the amino acid tryptophan. stop treatment with sertraline, you must wait until at least one week before you start treatment with a MAOI. After stopping treatment with a MAOI, you must wait at least 2 weeks before you can start treatment with sertraline.

Warnings and precautions

Tell your doctor or pharmacist before taking Sertraline tablets.,

Medicines are not always suitable for everyone. Tell your doctor before you take Sertraline tablets, if you suffer from or have suffered in the past from any of the following conditions:

- If you have suffered from manic depressive illness (bipolar disorder) or schizophrenia. have a manic episode, contact
- your doctor immediately. If you have epilepsy (fit) or a history of seizures. If you have a fit (seizure), contact your doctor immediately.
- If you have or have previously had thoughts of harming or killing yourself (see below-Thoughts of suicide and worsening of your depression or anxiety disorder).
- If you have serotonin Syndrome. In rare cases this syndrome may occur when you are taking certain medicines at the same time as sertraline. (For symptoms, see section 4. Possible Side Effects). Your doctor will have told you whether you have suffered from this in the past.
- If you have liver disease; your doctor may decide that you should have a lower dose of Sertraline tablets. If you have low sodium level in your blood, since this can occur as a result of treatment with Sertraline tablets. You should also tell your doctor if you are taking certain
- medicines for hypertension, since these medicines may also alter the sodium level in your blood.
- if you are elderly as you may be more at risk of having low sodium level in your blood (see above). If you have Diabetes; your blood glucose levels may be
- altered due to Sertraline and your diabetes medicines may need to be adjusted. If you have suffered from bleeding disorders or have been taking medicines which thin the blood (e.g. acetylsalicyclic acid (aspirin), or warfarin) or may increase the risk of
- bleeding or if you are pregnant (see 'Pregnancy, breast-feeding and fertility'). If you are a child or adolescent under 18 years old. Sertraline tablets should only be used to treat children and adolescents aged 6-17 years old, suffering from obsessive compulsive disorder (OCD). If you are being treated for this disorder, your doctor will want to monitor you closely (see
- below Use in children and adolescents). If you are having electro-convulsive therapy (ECT). - If you have eye problems, such as certain kinds of
- glaucoma (increased pressure in the eye). If you have been told that you have an abnormality of your heart tracing after an electrocardiogram (ECG) known as
- prolonged QT interval. If you have heart disease, low potassium levels or low
- magnesium levels, family history of QT prolongation, low heart rate and concomitant use of medications which prolong QT interval. Medicines like sertraline tablets (so called SSRIs/SNRIs)
- may cause symptoms of sexual dysfunction (see section 4). In some cases, these symptoms have continued after stopping treatment. The use of buprenorphine/ opioids together with sertraline
- can lead to serotonin syndrome, a potentially life-threatening condition (see Other medicines and Sertraline).

Restlessness/Akathisia:

The use of sertraline has been linked to a distressing restlessness and need to move, often being unable to sit or stand still (akathisia). This is most likely to occur during the first (PPHN), making the baby breathe faster and appear bluish. few weeks of treatment. Increasing the dose may be harmful so if you develop such symptoms you should talk to your

Withdrawal reactions:

Side effects relating to stopping treatment (withdrawal reactions) are common, particularly if the treatment is stopped suddenly (see section 3 If you stop taking Sertraline tablets and section 4 Possible side effects). The risk of withdrawal symptoms depends on the length of treatment, dosage, and the rate at which the dose is reduced. Generally, such symptoms are mild to moderate. However, they can be serious in some patients. They normally occur within the first few days after stopping treatment. In general, such symptoms disappear on their own and wear off within 2 weeks. In some patients they may last longer (2-3 months or more). When stopping treatment with sertraline it is recommended to reduce the dose gradually over a period of several weeks or months, and you should always discuss the best way of stopping treatment with your doctor.

Thoughts of suicide and worsening of your depression or

If you are depressed and/or have anxiety disorders you can sometimes have thoughts of harming or killing yourself. These may be increased when first starting antidepressants, since these medicines all take time to work, usually about two weeks but sometimes longer.

You may be more likely to think like this:

- If you have previously had thoughts about killing or harming
- If you are a young adult. Information from clinical trials has shown an increased risk of suicidal behaviour in adults aged less than 25 years with psychiatric conditions who were treated with an antidepressant.
- If you have thoughts of harming or killing yourself at any time, contact your doctor or go to a hospital straight away.

You may find it helpful to tell a relative or close friend that you are depressed or have an anxiety disorder, and ask them to read this leaflet. You might ask them to tell you if they think your depression or anxiety is getting worse, or if they are worried about changes in your behaviour

Children and adolescents

Sertraline should not usually be used in children and adolescents less than 18 years old, except for patients with Obsessive Compulsive Disorder (OCD). Patients under 18 have an increased risk of undesirable effects, such as suicide attempt, thoughts of harming or killing themselves (suicidal thoughts) and hostility (mainly aggressiveness, oppositional behaviour and anger) when they are treated with this class of medicines. Nevertheless, it is possible that your doctor decides to prescribe Sertraline tablets to a patient under 18 if it is in the patient's interest. If your doctor has prescribed Sertraline tablets to you and you are less than 18 years old and you want to discuss this, please contact him/her. Furthermore, if any of the symptoms listed above appear or worsen while you are taking Sertraline tablets, you should inform your doctor. Also, the long-term safety of Sertraline tablets in regard to growth, maturation and learning (cognitive) and behavioural development in this age group has not yet been demonstrated.

Other medicines and Sertraline tablets Tell your doctor or pharmacist if you are taking or have recently

taken any other medicines, Some medicines can affect the way sertraline works, or sertraline itself can reduce the effectiveness of other medicines taken at the same time. Taking Sertraline tablets together

- with the following medicines may cause serious side - Medicines to treat mental disorders such as psychosis (pimozide). Do not use Sertraline tablets together with
- pimozide. Medicines called monoamine oxidase inhibitors (MAOIs), like moclobemide (to treat depression) and selegiline (to treat Parkinson's disease), the antibiotic linezolid and methylene blue (to treat high levels of methaemoglobin in the blood). Do not use Sertraline tablets together with these

Talk to your doctor if you are taking the following

- · Medicines to treat epilepsy (phenytoin, phenobarbital,
- carbamazepine).
- Medicines to treat schizophrenia and other mental disorders (such as perphenazine, levomepromazine and olanzapine).
- Medicines to treat mania and depression (lithium). Other medicines to treat depression (such as amitriptyline,
- nortriptyline, nefazodone, fluoxetine, fluvoxamine). Sedatives (diazepam).
- Medicines to treat migraines (e.g. sumatriptan).
- Medicines to treat severe pain (e.g. tramadol).
- Medicines used in anaesthesia or to treat chronic pain (fentanyl, mivacurium and suxamethonium). Blood thinning medicine (warfarin).
- Medicines to treat pain/arthritis (Non steroidal antiinflammatory drug (NSAID) such as ibuprofen, acetylsalicylic acid (aspirin).
- Diuretics (also called 'water' tablets).
- · Medicines to treat diabetes (tolbutamide). Medicines to treat excessive stomach acid, ulcers
- and heartburn (cimetidine, omeprazole, lanzoprazole, pantoprazole, rabeprazole). Medicines used to treat high blood pressure, chest pain
- or regulate the rate and rhythm of the heart (such as verapamil, diltiazem, flecainide, propafenone).
- Medicines used to treat bacterial infections (such as rifampicin, clarithromycin, telithromycin, erythromycin). Medicines used to treat fungal infections (such as ketoconazole, itraconazole, posaconazole, voriconazole,
- fluconazole). Medicines used to treat HIV/AIDS and Hepatitis C (protease inhibitors such as ritonavir, telaprevir).
- Medicines used to prevent nausea and vomiting after an operation or chemotherapy (aprepitant).
- Herbal medicine containing St. John's Wort (Hypericum perforatum). The effects of St. John's Wort may last for
- Medicines known to increase the risk of changes in the electrical activity of the heart (e.g. some antipsychotics and antibiotics).
- Medicines containing amphetamines (used to treat attention deficit hyperactivity disorder (ADHD), narcolepsy,
- Buprenorphine/ opioids. These medicines may interact with
- sertraline and you may experience symptoms such as involuntary, rhythmic contractions of muscles, including the muscles that control movement of the eye, agitation, hallucinations, coma, excessive sweating, tremor, exaggeration of reflexes, increased muscle tension, body temperature above 38°C. Contact your doctor when experiencing such symptoms.

Sertraline tablets with food, drink and alcohol You can take Sertraline tablets with or without food.

Alcohol should be avoided whilst taking sertraline tablet. Sertraline should not be taken in combination with grapefruit juice, as this may increase the level of sertraline in your body. Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking any medicine. The safety of sertraline has not fully been established in pregnant women. Sertraline will only be given to you when pregnant if your doctor considers that the benefit for you is greater than any possible risk to the developing baby. If you take sertraline near the end of your pregnancy there

may be an increased risk of heavy vaginal bleeding shortly after birth, especially if you have a history of bleeding disorders. Your doctor or midwife should be aware that you are taking sertraline so they can advise you.

Make sure your midwife and/or doctor know you are on Sertraline tablets. When taken during pregnancy, particularly in the last 3 months of pregnancy, medicines like Sertraline tablets may increase the risk of a serious condition in babies, called persistent pulmonary hypertension of the newborn These symptoms usually begin during the first 24 hours after contact your midwife and/or doctor immediately.

the baby is born. If this happens to your baby you should

Your newborn baby might also have other conditions, which usually begin during the first 24 hours after birth. Symptoms

- a blueish skin or being too hot or cold, blue lips,
- vomiting or not feeding properly, being very tired, not able to sleep or crying a lot, stiff or floppy muscles,
- tremors, jitters or fits, increased reflex reactions,
- irritability.
- low blood sugar.

If your baby has any of these symptoms when it is born, or you are concerned about your baby's health, contact your doctor or midwife who will be able to advise you. There is evidence that sertraline passes into human breast

milk. Sertraline should only be used in women during breastfeeding, if your doctor considers that the benefit exceeds any possible risk to the baby. Some medicines like sertraline may reduce the quality of

sperm in animal studies. Theoretically, this could affect fertility, but impact on human fertility has not been observed as yet.

Description	Sertraline RIA 50 mg & 100 mg			
Client	Wavepharma- RIA Generic		Market	UK
Component	Leaflet		Version	04
Actual Size	190 mm x 624 mm	Font Size	9pt	
Colors	BLACK	Font Style	Arial	

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Artwork Same Size Size: 190 x 624 mm Kaypee Design (kaypeedesign@gmail.com) 05 11 20 / 28 04 21

Driving and using machines

Psychotropic drugs such as sertraline may influence your ability to drive or use machines. You should therefore not drive or operate machinery, until you know how this medication affects your ability to perform these activities.

3. How to take Sertraline tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

Adults:

Panic disorder, Social anxiety disorder and Post Traumatic Stress Disorder:

For panic disorder, social anxiety disorder and post traumatic stress disorder, treatment should be started at 25 mg/day, and increased to 50 mg/day after one week. The daily dose then may be increased in 50 mg increments over a period of weeks. The maximum recommended dose is 200 mg/day.

<u>Depression and Obsessive Compulsive Disorder</u>

For depression and OCD, the usual effective dose is 50 mg/day. The daily dose may be increased in 50 mg increments and at intervals of at least one week over a period of weeks. The maximum recommended dose is 200 mg/day.

Use in Children and adolescents:

Sertraline tablets must only be used to treat children and adolescents suffering from OCD aged 6-17 years old.

Obsessive Compulsive Disorder:

Children aged 6 to 12: the recommended starting dose is 25 mg daily. After one week, your doctor may increase this to 50 mg daily. The maximum dose is 200 mg daily.

Adolescents aged 13 to 17: the recommended starting dose is 50 mg daily. The maximum dose is 200 mg daily.

If you have liver or kidney problems, please tell your doctor and follow the doctor's instructions.

Method of administration:

Sertraline tablets may be taken with or without food. Take your medication once daily either in the morning or evening.

Your doctor will advise you on how long to take this medication for. This will depend on the nature of your illness and how well you are responding to the treatment. It may take several weeks before your symptoms begin to improve. Treatment of depression should usually continue for 6 months after improvement.

If you take more Sertraline tablets than you should

If you accidentally take too much Sertraline tablets contact your doctor at once or go to the nearest hospital casualty department . Always take the labelled medicine package with you, whether there is any medication left or not.

Symptoms of overdose may include drowsiness, nausea and vomiting, rapid heart rate, shaking, agitation, dizziness and in rare cases unconsciousness.

If you forget to take sertraline tablets

If you forget to take a dose, do not take the missed dose. Just take the next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you stop taking Sertraline tablets

Do not stop taking Sertraline tablets without consulting your doctor first. Your doctor will want to gradually reduce your dose of Sertraline over several weeks, before you finally stop taking this medicine. If you suddenly stop taking this medicine you may experience side effects such as dizziness, numbness, sleep disturbances, agitation or anxiety, headaches, feeling sick, being sick and shaking. If you experience any of these side effects, or any other side effects whilst stopping taking Sertraline tablets please speak to your doctor.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Nausea is the most common side effect. The side effects depend on the dose and often disappear or lessen with

continued treatment. Tell your doctor immediately:

If you experience any of the following symptoms after taking this medicine, these symptoms can be serious.

- Allergic reaction or allergy, which may include symptoms such as an itchy skin rash, breathing problems, wheezing, swollen eyelids, face or lips.
- If you develop a severe skin rash that causes blistering (erythema multiforme), (this can affect the mouth and tongue). These may be signs of a condition known as Stevens Johnson Syndrome, or Toxic Epidermal Necrolysis
- (TEN). Your doctor will stop your treatment in these cases. If you develop yellow skin and eyes which may mean liver damage. If you experience agitation, confusion, diarrhoea, high

temperature and blood pressure, excessive sweating

- and rapid heartbeat. These are symptoms of Serotonin Syndrome. In rare cases this syndrome may occur when you are taking certain medicines at the same time as sertraline. Your doctor may wish to stop your treatment. If you have a manic episode (see section 2 "Warning and
- precaution"). · If you have a fit (seizure).
- If you experience depressive symptoms with ideas of
- harming or killing yourself (suicidal thoughts). • If you start to get feelings of restlessness and are not able to sit or stand still after you start to take sertraline tablets. You should tell your doctor if you start to feel restless.

The following side effects were seen in clinical trials in adults and after marketing. Very common (may affect more than 1 in 10 patients): Insomnia, dizziness, sleepiness, headache, diarrhoea, feeling sick, dry mouth, ejaculation failure, fatigue.

Common (may affect upto 1 in 10 patients)

- depression, feeling strange, nightmare, anxiety, agitation, nervousness, decreased sexual interest, teeth grinding, numbness and tingling, shaking, muscle tense, abnormal taste, lack of attention,
- muscular movement problems (such as moving a lot, tense muscles, difficulty walking and stiffness, spasms and involuntary movements of muscles)*
- chest cold, Sore throat, runny nose
- visual disturbance ringing in ears
- palpitations hot flush

yawning

- · abdominal pain, vomiting, constipation, upset stomach, rash, increased sweating
- · muscle pain, back pain, joint pain menstrual irregularities, erectile dysfunction
- injury · Decrease appetite, increase appetite

Uncommon (may affect 1 in 100 patients): hypersensitivity, seasonal allergy.

- · low thyroid hormones, convulsion, involuntary muscle contractions, abnormal coordination, moving a lot, amnesia, decreased feeling, speech disorder, dizziness while standing up, passing out,
- migraine, · enlarged pupils,
- · hallucination, lack of caring, thinking abnormal, suicidal thoughts, suicidal behaviour, psychotic disorder,

- aggression, euphoric mood, paranoia,
- ear pain, fast heartbeat, heart problem,
- · breathing difficulty, possible wheezing, shortness of breath, nose bleed.
- eye swelling, purple spots on skin, face oedema, hair loss, cold sweat, dry skin, hives, itching,
- inflammation of the oesophagus, difficulty swallowing, haemorrhoids, increased saliva, tongue disorder, burping,
- tarry stools, tooth disorder, tongue problem osteoarthritis, muscular weakness, muscle twitching,
- muscle cramps night time urination, increase in urination, increase in frequency of urination, problem urinating unable to urinate,
- urinary incontinence, vaginal haemorrhage, sexual dysfunction, female sexual
- dysfunction, swelling in legs, chills, difficulty weakness, thirst,
- increase in liver enzyme levels, weight decreased, Gastroenteritis, ear infection
- Cases of suicidal ideation and suicidal behaviours have

been reported during sertraline therapy or early after treatment discontinuation (see section 2)

diverticulitis, swollen lymph glands, decrease in clotting cells*, decrease in white blood cells*,

Rare (may affect up to 1 in 1,000 patients):

- severe allergic reaction, endocrine problems*.
- high cholesterol, problems controlling blood sugar levels (diabetes), low blood sugar, increase in blood sugar levels*, low blood salt*.
- physical symptoms due to stress or emotions, terrifying abnormal dreams*, drug dependence, sleep walking, premature eiaculation.
- coma, abnormal movements, difficulty moving, increased sensation, sudden severe headache (which may be a sign of a serious condition known as Reversible Cerebral Vasoconstriction Syndrome (RCVS))*, sensory disturbance, spots in front of eyes, glaucoma, double vision, light hurts eye, blood in the eye, unequal sized pupils*, vision
- abnormal*, tear problem, heart attack, light-headedness, fainting, or chest discomfort which could be signs of changes in the electrical activity
- (seen on electrocardiogram) or abnormal rhythm of the heart*, slow heartbeat,
- · poor circulation of arms and legs, breathing fast, progressive scarring of lung tissue
- (Interstitial Lung Disease)*, closing up of throat, difficulty talking, breathing slow, hiccups, mouth ulceration, pancreatitis*, blood in stool, tongue
- ulceration, sore mouth, problems with liver function, serious liver function problems*, yellow skin and eyes (jaundice)*,
- skin reaction to sun*, skin oedema*, hair texture abnormal. skin odour abnormal, hair rash,
- breakdown of muscle tissue*, bone disorder, urinary hesitation, decreased urination, • breast discharge, dry vaginal area, genital discharge, red
- painful penis and foreskin, breast enlargement*, prolonged erection,
- hernia, drug tolerance decreased increase in blood cholesterol levels, abnormal laboratory tests*, semen abnormal, problems with clotting*,
- relaxation of blood vessels procedure. Spots in front of eyes, glaucoma, double vision, light hurts eye, blood in the eye, unequal sized pupils, vision abnormal, tear problem.

Not known: frequency cannot be estimated from the available

- lockjaw*
- bed wetting*
- Partial loss of vision
- Inflammation of the colon (causing diarrhoea) Heavy vaginal bleeding shortly after birth (postpartum haemorrhage), see 'Pregnancy, breast-feeding and fertility' in section 2 for more information.

Additional Side effects in children and adolescents In clinical trials with children and adolescents, the side effects were generally similar to adults (see above). The most common side effects in children and adolescents were headache, insomnia, diarrhoea and feeling sick.

Symptoms that can occur when treatment is discontinued If you suddenly stop taking this medicine you may experience side effects such as dizziness, numbness, sleep disturbances, agitation or anxiety, headaches, feeling sick, being sick and shaking (see section 3. "If you stop taking Sertraline tablets"). An increased risk of bone fractures has been observed in patients taking this type of medicines.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of

5. How to store Sertraline Tablets Keep this medicine out of the sight and reach of children.

Do not use Sertraline tablets after the expiry date which is stated on the blister and carton as EXP or EXP date. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the

This leaflet does not contain all the information about your medicine. If you have any questions or you are not sure about anything ask your doctor or pharmacist.

6. Contents of the pack and other information What Sertraline tablets contains

Sertraline 50 mg film-coated tablets contain 50mg sertraline Sertraline 100 mg film-coated tablets contain 100mg sertraline

The other ingredients are:

(as hydrochloride)

environment.

Tablet cores: Microcrystalline cellulose, Low-substituted hydroxypropyl cellulose (E463), Magnesium stearate (E572), Silica, colloidal anhydrous (E551) Film coating: hypromellose(E464), Microcrystalline cellulose(E460), Macrogol stearate, Titanium dioxide (E171) Polishing: Macrogol

What Sertraline tablets looks like and contents of the pack Sertraline 50 mg film-coated tablets are white, oval, half

scored, debossed '5' on one half of score of one face and '0' on other half of score in the same face. Sertraline 100 mg film-coated tablets are white, oval, half scored, debossed '1' on one half of score of one face and '00'on other half of score in the same face.

Sertraline 50mg and 100mg film-coated tablets are available in packs of 10, 14, 15, 20, 28, 30, 50, 56, 60, 84, 90, 98, 100, 200, 294, 300, or 500 tablets. Not all pack sizes may be marketed.

Marketing Authorisation Holder: RIA Generics Limited.,36 Ingleby Way, Wallington, Surrey SM6 9LR, UK

Manufacturer Wave Pharma Limited., 4th floor, Cavendish House, 369 Burnt Oak, Broadway, Edgware, Middlesex HA8 5AW, UK

RIA Generics Limited 36 Ingleby Way Wallington SM6 9LR United Kingdom

If you would like this leaflet in a different format, please contact the marketing authorisation holder listed above.

If you would like to have any further information or want to report any side effects, please email at info@riagenerics.com.

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